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## Bemidji Community Health Center Planning Grant

Planning Team Meeting

**May 31, 2012**

1:00 p.m. until 2:30 p.m.

PrimeWest Large Conference Room

# Meeting Notes

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**Attendance:** Susan Dobbelstein, Warren Larson, Jeanne Edevold Larson, Wendy Kvale, Jean Larson, Ruth Sherman, Becky Secore, Craig Kinsella, Carol Kelly, Deb Miller, Jes Conrad, Valerie Fox, Ruth Echstrum and Colleen Falk.

**Project Consultant/Facilitator:** Ashli Bowen

- Brief introductions were made.
- An update was given regarding the meeting with Sanford Bemidji Clinic's Medical Home. Ashli Bowen, Becky Secore, Ruth Sherman and Colleen Falk met with Lois Rydeen and Becky Hansen on June 20 to gain a better understanding of the Medical Home and give them an update on the CHC planning.

The Medical Home program is *"an innovative approach to care now available at Sanford Clinics. The program focuses on the whole patient, not just one aspect. This is especially important for patients with special health needs or chronic illness because they receive care from multiple specialists, services and therapists. Medical Home brings the whole picture together"* <http://www.sanfordhealth.org/Stories/View/bbfeb736-2e8c-4f26-9e01-fd0f922c8ddc>

Sanford will complete the MN Dept of Health Health Care Home certification later this fall. Sanford's main focus is on Diabetic patients, but any Sanford patient can opt into the medical home for free. There are 80+ patients currently taking part in the program. 3 RN Health Coaches work as a team with the patients, the patients' family, physicians, social workers, nurses and other health care professionals to manage and organize care for the patient. An advisory team made up of patients, 3 primary care physicians and the RN coaches serve as a sounding board in guiding and developing the program. In addition, much of the training and design of the medical home program is based off of Sanford's medical home in Fargo.

Sanford is dedicated to making sure the medical home reaches out into the community - they want to have an impact on the overall health of the community, not just their patients. They are also interested in partnering with community organizations in any way they can. The RN Coaches have attended some of CRC's interagency meetings and they will continue to work with community organizations to learn more and help

inform others about the medical home.

- Dr. Valerie Fox, Primary Care Physician, Sanford Bemidji, gave an update on the \$15 million grant Sanford recently received from the Center for Medicare and Medicaid to integrate behavioral health in with primary care across the Sanford system (RN Coaches, Triage, Psychologists...). Leadership teams have been established and will begin meeting soon to plan the integration.

Dr. Fox also gave a presentation on the Integrated Native Health Initiative, a Sanford supported initiative that Dr. Fox has been leading which will integrate traditional medicine, spiritual healing with western medicine to help restore people's overall health. She wants to ensure Bimaadiziwin "living the good/healthy life" – all people have the support to live a life of balance between mental, physical and spiritual health. The approach would provide holistic care for people from all walks of life, with a special focus on the Native American community. The initiative was partially supported through the \$15 million grant that Sanford received, so the steering team is currently seeking additional funding from the Commonwealth Fund and Bush Foundation. Dr. Fox also talked about genocide and the historical trauma it has caused the Native American communities. She showed part of the documentary "The Wellbriety Journey of Forgiveness" to give everyone a better prospective of the intergenerational trauma of native American communities <http://www.youtube.com/watch?v=vZwF9NnQbWM>

- Jeanne Edevold Larson gave an update on phase I. Northern Dental has submitted a request to use a portion of their federal grant (a grant that supports integrated care and other support services for their patients working in partnership with Community Resource Connections, Beltrami Area Service Collaborative and Beltrami County Public Health, not the CHC planning grant) to hire a nurse to be on-site at Northern Dental to offer mental health screenings, complex case management, medical nutrition therapy, patient advocacy and other support. In addition, the partners will be testing the CCI (Community Collaboration Integration - <http://ccifreetrial.com/>) web based plan management software in the coming weeks to see if it meets their needs and will report back at the next planning team meeting. Northern Dental will also have a follow up meeting with Sanford's Medical Home nurses to discuss how they can work together more closely in helping patients get the dental and primary care they need.
- Next meeting – Thursday, July 26 from 1:00 p.m. – 2:30 p.m. Prime West Health